Behavioral Health Training Academy

2019

COST PER WORKSHOP
ONLY $100
10% OFF
EMAIL FOR DISCOUNT CODE
(GROUPS OF 3 OR MORE FROM THE SAME AGENCY)

WORKSHOP LOCATION:
215 Centennial Mall South
5th Floor Conference Room
Lincoln, Nebraska 68588
(Inside the Lincoln Community Foundation Building)

CONTACT US WITH QUESTIONS:
lindsey.button@unl.edu
(402) 472-5772

REGISTER ONLINE AT:
tinyurl.com/BEAMworkshops

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BEAM PRACTICE IN EXCELLENCE

MORE WORKSHOPS COMING SOON!
**BEHAVIORAL HEALTH TRAINING ACADEMY**

*Practice in Excellence*

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**WELCOME**

BEAM is a training academy for behavioral health professionals that focuses on providing continuing education training and enhancing professional skills.

**WHO SHOULD ATTEND:**
Professionals in psychology, mental health, addictions, criminal justice, and school counseling.

**CE APPROVAL:**
Application has been made for six hours of Criminal Justice (Probation), LADC, & APA-approved Continuing Education (Mental Health and Substance Abuse).

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**WORKSHOPS**

- **MAY 31, 2019 - HERDMAN**
  This 6-hour workshop (first in a series) will identify elements of Cognitive Behavioral Therapy to create a greater understanding of the 12 foundational skills and identify the process for emotional and behavioral change.

- **JUNE 21, 2019 - SCHULTZ**
  This 6-hour workshop will show how to simplify the complicated process of intervention and teach family members strategic behaviors to guide loved ones to seek help using positive and healthy methods.

- **JULY 19, 2019 - MERCK**
  This 6-hour workshop will guide you in using strategies for working with anxiety disorders and how to successfully intervene with triggers and stress behaviors that interfere with the therapeutic process.

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**MAY 31, 2019**

- **Foundations in Cognitive Behavioral Therapy I**
  - 8:00AM–8:30AM • Registration
  - 8:30AM–4:00PM • Training

**INSTRUCTOR:**
John Herdman, PhD, PC, LADC

**LOCATION:**
215 Centennial Mall South - Lincoln

*This workshop is the first in a series*

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**JUNE 21, 2019**

- **Intervention—It is Nothing Like a TV Show: How to Coach Families in Successful Interventions**
  - 8:00AM–8:30AM • Registration
  - 8:30AM–4:00PM • Training

**INSTRUCTOR:**
Otto Schultz, M. Div, BA, LADC

**LOCATION:**
215 Centennial Mall South - Lincoln

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**JULY 19, 2019**

- **Successful Strategies in the Treatment of Anxiety and Obsessive Compulsive Disorders**
  - 8:00AM–8:30AM • Registration
  - 8:30AM–4:00PM • Training

**INSTRUCTOR:**
Gerry Merck, MHDL, LIMHP, LADC

**LOCATION:**
215 Centennial Mall South - Lincoln

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