

Tips & Tricks for Working with Children and Youth in Mental Health Practice

for behavioral health providers

The purpose of this training is to provide Nebraska-licensed behavioral health providers currently serving adults an overview workshop to increase interest in providing services to children and youth. Following training, participants will be offered the opportunity for ongoing professional development as a member of a behavioral health professional cadre helping to expand services to meet the needs of Nebraska's children and youth.

OBJECTIVES

1. Understand the current state of children's mental health in Nebraska, demonstrated needs, and systems which provide services to children and youth.
2. Discuss and debunk 'myths' about providing mental health services to children and youth.
3. Explore child and youth developmental issues, common referral concerns, and general education, and contrast this information with adult populations where applicable.
4. Develop a toolkit of methods and strategies for use in engaging children and youth.

LOCATION

Zoom Meeting

COST

No fee to attend this training.



REGISTER ONLINE

go.unl.edu/working_with_children_2024

DATES/TIMES (choose one)

Monday, April 15, 2024
8:00 a.m.– 12:00 noon (Central)

Monday, June 10, 2024 **NEW DATE!**
8:00 a.m.– 12:00 noon (Central)

Friday, July 26, 2024
8:00 a.m.– 12:00 noon (Central)

Friday, August 23, 2024
8:00 a.m.– 12:00 noon (Central)

CONTINUING EDUCATION

INSTRUCTIONAL LEVEL: Intermediate

This training has been approved for **4.0 continuing education credits for psychologists.*** Credits will be awarded to participants who attend the entire training.

**Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.*

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.

SPONSORS

Sponsored by the Nebraska Department of Health and Human Services Division of Public Health and the University of Nebraska Public Policy Center.

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PhD

Cate is a clinical psychologist who provides services in the western part of the state. She currently owns Western Nebraska Behavioral Health Clinics with eight service locations.



JENNIFER JACKSON
LIMHP, LPC, ATR-BC

Jennifer has served as president of the Kentucky and Iowa Art Therapy Associations. She is the Executive Director at Heartland Counseling Services, a non-profit that covers 15 counties.