

Collaborative Rural Geriatric Behavioral Healthcare

For behavioral health and healthcare professionals practicing across Nebraska.

This 4-hour interdisciplinary webinar is designed to upskill both behavioral healthcare professionals (psychiatrist, psychologists, LIMHP, LMHP, etc.) and healthcare professionals (physicians, NPs, PAs, RNs) serving older adults in rural Nebraska. The session opens by establishing a shared collaborative care framework, then layers in evidence-based geriatric behavioral health content with practical, immediately implementable tools — bridging the silos between primary care and behavioral health to advance true collaborative care.

OBJECTIVES

1. Identify late-life depression and assess suicide risk using age-appropriate screening tools.
2. Differentiate anxiety, OCD, and late-onset psychosis from underlying cognitive or medical causes.
3. Recognize and manage delirium using validated tools (CAM) and initiate reversible-cause workup.
4. Improve medication safety through Beers Criteria application and stepwise deprescribing.
5. Implement collaborative workflows between behavioral health and primary care in rural settings.
6. Apply immediately usable algorithms, screening tools, and referral pathways.

SPEAKERS

RENEE RUHKAMP, EdD, MSN, RN

MARGARET LORIMOR, PhD, APRN, FNP-C, CNE

MARY DISHMAN, APRN, PMHNP-BC

BRANDI WAGNER, PMHNP-BC

JOEL STEPHENS, LICSW

SAVE THE DATE

Tuesday, October 27, 2026
8:00 a.m.–12:00 p.m. noon (Central)

CONTINUING EDUCATION

INSTRUCTIONAL LEVEL: Intermediate

Continuing education credits for multiple professional disciplines are being requested pending approval.

Credits will be awarded to participants who attend the entire training.

*Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.

SPONSORS

Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health and the University of Nebraska Public Policy Center.

NEBRASKA
DEPT. OF HEALTH AND HUMAN SERVICES

Nebraska UNIVERSITY OF
PUBLIC POLICY CENTER

This training is funded in whole by funds from state funds subgranted from the Nebraska Department of Health and Human Services, Division of Behavioral Health.

REGISTER ONLINE

go.unl.edu/reg-rural-bh

LOCATION

Zoom Webinar

COST

No fee to attend this training

