

Kathryn J. (Kate) Speck, PhD, MAC, LADC
University of Nebraska Public Policy Center
215 Centennial Mall South, Suite 401, Lincoln, NE 68588-0228
Phone: 402-472-0501
Email: kspeck2@nebraska.edu



- Senior Research Manager with the University of Nebraska, Public Policy Center
- 38 years' experience working in the field of behavioral health
- Master Trainer **Clinical Supervision, Assessing & Managing Suicide Risk, Ethics, Disaster Preparedness, Psychological First Aid**, and Workforce development.
- Adolescent prevention and intervention educating schools/communities
- **Motivational Interviewing** – Member of IMINT since 2000; expert trainer – Introductory, Intermediate, Advanced, MIA STEP (Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency), MITI (Motivational Interviewing Treatment Integrity Scale)
 - Telephone Coaching – Motivational Interviewing
 - Rating tapes of clinician-client in fidelity tools to determine proficiency
- **SBIRT** – Screening and Brief Intervention and Referral to Treatment
- Experience in residential, outpatient and EAP settings,
- Developed and directed addiction treatment programs
- Strategic Planning for Community Agencies
- Adjunct Faculty at Doane University Master of Arts in Counseling - Psychology, Theory, and Ethics and Master level addiction courses..
- Experienced educator and trained in academic and community settings – presenting at numerous conferences and delivering presentations and workshops in partnership with agencies and organizations.

EDUCATION

PhD., Community & Human Resources, University of Nebraska – Lincoln, 2002

MA, Adult and Continuing Education, University of Nebraska – Lincoln, 1995

BA, Human Relations, Doane College, 1992

CERTIFICATES AND LICENSURES

Nebraska Certified Alcohol Drug Addiction Counselor CADAC, 1999 – 2004, LADC – present

Master Addiction Counselor, Certified NAADAC, 1996 – Present

National Certification for Addictions Counselor-Level II, 1991

National Certification Reciprocity Consortium (NCRC), 1990

Louisiana Substance Abuse and Training Certification, 1985

Iowa Substance Abuse Certification, 1984

Marian Health Center Substance Abuse Training Program, 1979

PROFESSIONAL EXPERIENCE

Senior Research Manager, University of Nebraska Public Policy Center, April 2007 – Present

Assistant Professor and Addictions Training Director & PATTC, Nebraska Coordinator, Doane College, Lincoln, Master in Counseling Department (2003 –2007)

Director, Adolescent & Family Health, Lincoln Medical Education Foundation (LMEF), School Community Intervention Program (SCIP), Young Family's Program, Training for Addiction Professionals Program (TAP) (April 1996 – 2003)

Adjunct Faculty Instructor, Doane College (1997 – 2003), 2007 – Present

Director of Training for Addiction Professionals Program (TAP), Lincoln Medical Foundation (LMEF) (1997 – 2003)

Director, School Community Intervention Program (SCIP) (1994-2003)

Associate Director, School Community Intervention Program, Lincoln Medical Education Foundation (1988 – 1994)

Director of Outpatient Services, Insight of America, Lafayette, Louisiana (1985 – 1988)

Coordinator, Concerned Persons Treatment Program (CPTP), Marian Health Center, Sioux City, Iowa (1978 – 1984)

OTHER SELECTED ACADEMIC PRESENTATIONS

Children's Mental Health and Substance Abuse System. (2007) *Listening for the Voice of Families: A Qualitative Process for Systems Change in Nebraska*. Presented at CPDD.

Speck, K. (2005) *A Grounded Theory of Volition in Recovery from Substance Abuse*. Paper presented at CPPD in Orlando, FL

Speck, K. (1994, October) *Volitional Aspects of Motivation*. Paper presented at Midwest Research-to-Practice Conference in Norman, OK

Speck, K. (2017, March) Overview of a Brief Substance Use Intervention. APLA HIV Care Conference. Los Angeles CA.

Garner, B. R., Tueller, S., Bradshaw, M., Speck, K., Vandersloot, D., Gotham, H., Rieckmann, T., Chaple, M., Kaiser, D., Ball, E., Wolfe, A., & Martino, S. (2017, October). *The Substance Abuse Treatment to HIV Care (SAT2HIV) Project: Preliminary findings on the effectiveness of a motivational interviewing-based brief intervention*. Presentation at Addiction Health Services Research (AHSR) Conference, Madison, WI.

SELECTED CO-AUTHORINGS

College on Problems of Drugs and Dependence, Poster Presentation, 2005, 2007

ACEAN Conference (1996)

Midwest Research-to-Practice Conference (1996)

AAACE Conference (1995)

Midwest Research-to-Practice Conference (1994)

SELECTED FACILITATIONS

Co-Dependency/Adult Children of Alcoholic Group, Independence Center, BryanLGH Health Services (1994 – 1999)

Lancaster County Health Department Diabetes Project (2004)

Nebraska Substance Abuse Needs Assessment (2007)
 Childhood Obesity (2009)
 Trauma Informed Care Focus Groups (2013)
 Nebraska Gambling Peer Credentialing (2013-14)
 Peer to Peer Expansion (2013)
 Behavioral Health Strategic Planning (2013)
 Disaster Behavioral Health Psychological First Aid Curriculum Development (2014)
 Project Harmony – Community Consultation (2014)
 Nebraska Peer Credentialing (2014 – 15)
 Rooted in Relationships – Saline County Early Childhood Project (2014 – 15)
 Prevention Policy Advocacy (2015)
 Policy Advocacy (2015)
 Strategic Planning (2013 – 15)

SELECTED CAREER-RELATED ACTIVITIES

President, Southeast Nebraska Substance Abuse Providers (SENSASP), Secretary (1997 – 1999)
 Member, Nebraska Association of Substance Abuse Directors (NASAD)
 Member, Vision 2000 - Nebraska Department of Public Institutions- Division of Alcohol and Drug Abuse (1995)
 Member, Prevention Needs Assessment Committee- Vision 2000 (1995)
 Member, Region V Comprehensive Substance Abuse Steering Committee (1996)
 Member, Region V Issues for Children and Youth Committee (1997)
 Member, Lincoln General Independence Center Advisory Committee
 Member, NCHEP (Nebraska Comprehensive Health Education Program)
 Member, Lincoln Lancaster Drug Projects Advisory Committee (1995-1997)
 Member, National Association of Substance Abuse Counselors
 Member, Nebraska Association Behavioral Health Organization (NABHO)
 Member, Nebraska Prevention Services Strategic Planning Committee
 Member, Department of Social Services Mental Health and Substance Abuse Advisory Committee
 Member, Youth Violence Project Lincoln Action Program (1997 – 2000)
 Member, Directors of United Way Agencies (DUWA), Secretary (2000)
 Member, Nebraska Public Health Association, Prevention Division
 Member, Lincoln Lancaster County Demand Treatment Policy Committee, 2003 – Present
 Member, Nebraska State Incentive Coop Agreement Workforce Development Committee, 2003 – present
 Chair, Juvenile Justice Prevention Policy Board (1999 – 2002)
 Member, State Incentive Cooperative Agreement Workforce Development Committee
 Member, Nebraska Behavioral Health Strategic Planning Committee (2006)
 Peer Reviewer, Nebraska Association of Behavioral Health Organizations (NABHO) (1996 – 2003)
 Member, Gambling State Advisory Commission (2004 – 2006)
 Secretary, Nebraska Behavioral Health Council (2005 – 2006)
 Chair, State Incentive Grant Youth Subcommittee (2005 – 2006)
 Member, Nebraska Behavioral Health Process Design Group (2006)
 Member, Motivational Interviewing Network of Trainers (MINT) (2002 – Present)
 Member, University of Nebraska Substance Abuse Research Cluster (2007 – Present)

SELECTED COMMUNITY VOLUNTEER ACTIVITIES

Volunteer, Fresh Start Facility for homeless women, for facilitating group and education series (1995 – 1997)
 Volunteer, Nebraska State Penitentiary, Convicts Helping Youth (1996 – 2000)
 Volunteer, Victims First Program, facilitating support group activities and educational programs with LAP project
 Volunteer, Community volunteer for advocacy to pregnant & parenting women involved with DHHS, 2003 – present
 Secretary, Lincoln Police Citizens Academy Association (2000)
 Member, Carol Yokum Family Resource Center Advisory Board (1999 – 2003)
 Member, BryanLGH Independence Center Advisory Committee 2001- 2007 Chair (2005 – 2007)
 Member, Lancaster County Substance Abuse Coalition Advisory Committee 2005 (2007)

Member, State Advisory Board on Problem Gambling (2004 – 2007)
 Member, State Incentive Grant Project Management Committee (2005 – 2007)
 Member, Region V Behavioral Health Advisory Committee (2006 – 2007)
 Member, St. Monica's Board of Directors (2006 – 2007)
 Dissertation Committees - 2007 – Present)

SPECIFIC EXPERTISE

- **Motivational Interviewing (MI); expert trainer – Introductory, Intermediate, Advanced, MIA STEP (Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency), MITI (Motivational Interviewing Treatment Integrity Scale).**
 - Member of IMINT since 2000
 - Experience locally and nationally
 - Proficient in fidelity monitoring tools (MIA STEP, MITI)
 - Motivational Interviewing Network of Trainers (MINT) Training New Trainers (TNT) Support Trainer – Montreal, Canada, 2016
 - Co-lead Training New Trainers – Malahide Ireland October, 2017
 - Curriculum Development in Motivational Interviewing
- **Extensive history of curriculum development to provide over 1550 training events in MI for a variety of disciplines including but not limited to:**
 - Master Trainer - Addiction Technology Transfer Center (ATTC)
 - Addictions
 - Mental health
 - Probation and Corrections
 - Employee Assistance
 - Nursing
 - Dietitians
 - Health Care
 - Department of Children & Family
 - State and community agencies and organizations
 - School Personnel
 - Telephone Coaching
 - Fidelity monitoring for proficiency
- **SBIRT – Screening and Brief Intervention and Referral to Treatment**
 - Trained SBI for Community Health intervention project funded by Robert Wood Johnson Institute
 - Incorporated SBIRT into addiction courses at Doane College
 - Training of Trainers 2011
 - provided at conferences/community education groups
- **Assessing & Managing Suicide Risk**
 - Training of Trainers with Educational Resources – 2009
 - AMSR Curriculum Revision Committee - 2013
 - Coordinate Nebraska training cadre
- **Clinical Supervision Foundations**
 - Training of Trainers (2011)
 - Curriculum Review (2013)