

Coordinated Specialty Care for First Episode Psychosis

for professionals in psychology, behavioral health, and social work.



This training will review the components of a complete biopsychosocial evaluation for a person experiencing psychotic symptoms, including how to evaluate for differential diagnoses. Attendees will practice engagement techniques for patients with psychosis and their families, as well as psychoeducation strategies that foster rapport-building and hope. Information will be presented on the evidence-based coordinated specialty care model for first episode psychosis, including empirically-validated psychotherapy modalities.

OBJECTIVES

1. Outline the components of a comprehensive biopsychosocial assessment for a patient presenting with psychotic symptoms.
2. Discuss the challenges that stigma and social distancing present for people with psychosis in accessing care.
3. Describe the components and key principles of the coordinated specialty care model for treatment of first episode psychosis.

LOCATION

Zoom Meeting

COST

No fee to attend this training.

REGISTER ONLINE

go.unl.edu/first_episode_psychosis_register

Monday, June 10, 2024

1:00 p.m.–4:00 p.m. (Central)

CONTINUING EDUCATION

INSTRUCTIONAL LEVEL: Intermediate

This training has been approved for **2.75 continuing education (CE) credits for psychologists*** and **2.75 CE credits for Nebraska LMHP/LIMHP**. Credits will be awarded to participants who attend the entire training.

**Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.*

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.

SPONSORS



This training is funded in whole or in part by funds from the SAMHSA Community Mental Health Block Grant, SAMHSA Substance Abuse Prevention & Treatment Block Grant and state funds sub-granted from the Nebraska Department of Health and Services, Division of Behavioral Health.

SPEAKERS



MELISSA O'DELL

MD

Dr. Melissa O'Dell is an Assistant Professor in Psychiatry at UNMC, where she founded and directs the ASPIRE clinic, a multidisciplinary treatment team dedicated to providing evidence-based, recovery-oriented, person- and family-centered care for people with psychotic disorders. The ASPIRE mission is to raise the standard of care for people with psychotic disorders through excellence in clinical care, education, research, and advocacy. Dr. O'Dell brings her experience as a community support worker and as a family member of people affected by psychotic disorders to her work.



RILEY MACHAL

MD

Dr. Riley Machal is a psychiatrist subspecializing in the treatment of psychotic disorders—in particular, first-episode psychosis and catatonia. She co-runs the Active Support for Psychosis in Recovery (ASPIRE) Clinic at Nebraska Medicine, which focuses on serving people living with psychotic disorders. She has provided regional and national trainings on comprehensive care for people with psychosis throughout their lifespan and teaching the next generation of mental health practitioners to provide high-quality evidence-based, family and person-centered care for this population.



SARAH FISCHER

PhD, LP

Dr. Sarah Fischer is a clinical psychologist that works with the ASPIRE clinic and is the director of the Psychotherapy Training program for the ASPIRE team. Her clinical and research training has focused on psychosis and schizophrenia spectrum disorders, with an emphasis in psychosocial rehabilitation and recovery. She is passionate about ensuring that individuals who have experienced psychosis or have a serious mental illness can receive the best, most comprehensive care available, as well as creating opportunities for different health disciplines to come together to provide this care.